

Tools for Tots: Sensory Strategies for Toddlers and Preschoolers

Date: Thursday, August 11, 2011

Time: Sign In: Begins at 8:30 am
Workshop: 9:00 am - 5:00 pm

Location: Grand Traverse Resort
100 GT Village Blvd., Acme, Michigan 49610
Phone: 800-236-1577



Audience: Early Intervention/Childhood Specialists, Behavioral Specialists, Teachers, Occupational Therapists, Physical Therapists, Speech/Language Pathologists, Nurses, Social Workers, Psychologists, Psychiatrists, Pediatricians, Parents and Daycare providers.

Content: This workshop is designed to offer practical sensory strategies which improve the ability of toddlers and young children to play and function in their various daily environments. A variety of sensory activities & environmental strategies will be highlighted using hands-on-participation & videos of typical tots and those challenges, including engagement.

Topics include:

- Everyday issues related to waking up, picky eating, getting dressed, teeth brushing, potty time, hair washing, finger nail cutting, bath time, bedtime and more.
- Strategies to help Touchy Tots, Sensitive Ears, Busy Bees, Fumbling Tots, Tippy Toe Tots, Cautious Tots, and Spirited Tots.
- A case study using the new "SPM-Preschool" (for 2-5 year-olds) published in April 2010.

★ NOTE: Each participant will receive a *Tools for Tots: Sensory Strategies for Toddlers and Preschoolers™* book which will be used throughout the workshop.

OBJECTIVES:

Participants will:

- Explore the question "Is it behavior or is there a sensory challenge driving the behavior?" by learning about their own sensory preferences.
- Learn how to integrate practical sensory strategies at home, the community and at school by using the *Tools for Tots* book.
- Discover how sensations, sensory integration and sensory processing impact behavior by addressing the challenges seen with daily activities and skills specific to tots.
- Implement or design sensory safe spaces for tots in their homes and communities.

About the Instructor: Diana A. Henry, MS, OTR/L, FAOTA is SIPT certified. She is one of the authors of the *Sensory Processing Measure (SPM)*, has written *Tool Chest: For Teachers, Parents, and Students™*, *Tools for Parents™*, *Tools for Teens™* handbooks, *Tools for Pets™* and *Tools for Tots™* books and created two videos/DVDs *Tools for Teachers™* and *Tools for Students™*.

- 2010 – Co-authored the Sensory Processing Measure-Preschool (SPM-P) for 2-5 year olds
- 2009 – Developed the webinars: Response to Intervention & SPM, Movement Strategies for Schools, and Sensory Tools for Pre-Teens & Teens
- 2008 – Roster of Fellows and the Recognition of Achievement Award from the American Occupational Therapy Association
- 2008 – Received "Bridging the Gap between Research & Practice" clinician's award at R2K
- 2005-2008 – American Occupational Therapy Association Sensory Integration SIS Communications Liaison
- 2003 – Honorary Member of the Sensory Integration Network UK and Ireland
- 2001 – Presented with the award for Outstanding Therapeutic Contribution by the Developmental Delay Resources
- 2000 – Nominated to be on the Advisory Board of the Non-Verbal Learning Disability Association (NVLD)
- 1997 – Presented with Arizona Occupational Therapy Association Outstanding Occupational Therapist Award

