

Child and Family Services of Northwest Michigan, Child Care Connections, Grand Traverse Band of Ottawa and Chippewa Indians, Michigan Association for Infant Mental Health, Munson Healthcare, Northwest Michigan Community Action Agency, Pine Rest Christian Mental Health Services, and Traverse Bay Area Intermediate School District present...

The Northwest Michigan Infant Mental Health Training Series 2010-11

Training 4: May 5, 2011
Training 5: May 6, 2011
(Note: Sessions 1, 2, and 3 have occurred)

The Hagerty Center at NMC's Great Lakes Campus

(see map inside)

Sponsoring Agencies:



Training 4: Strategies for Supporting the Child with Dysregulated Mood and Behavior: An Introductory Workshop Integrating Lessons from Dialectical Behavior Therapy, Sensory Integration Therapy, and Dynamic Relationship-Based Therapy

Date: Thursday, May 5, 2011

Time: 9:00 a.m. - 4:00 p.m.

Audience: Parents, foster parents, teachers, childcare workers, and early intervention professionals.

Content: This introductory workshop is designed for parents and professionals interested in enhancing their knowledge of and skills used in treatment for self-regulation, attention, and attachment problems in children ages birth through five years. Participants will learn hands-on tools that they can use with hard-to-manage children. Dr. DeGangi will offer practical strategies that work at home, school, and in interactions with family members and peers. She will discuss strategies for working with children who are anxious, overwhelmed, and over stimulated as well as children who are disruptive and oppositional. Dr. DeGangi will offer concrete advice to help regulate the irritable child with emphasis on the child learning ways to self-soothe.

Workshop goals:

Participants will learn to:

- Recognize how common problems that make a child difficult to manage, such as self-regulation, difficult temperament, and sensory integration impact the child's functional behaviors and relationships with others.
- Learn intervention strategies to address common problems for the hard-to-manage child that can be applied at home, school, and in interactions with others.
- Understand the principles of dialectical behavior therapy in their application to children with emotional dysregulation.

Presenter: Georgia DeGangi, Ph.D., OTR, FAOTA

Georgia DeGangi, Ph.D., OTR, FAOTA is a clinical psychologist and an occupational therapist in private practice at ITS: PALSS (Integrated Therapy Services: Psychological and Learning Support Services) in Kensington, MD. She has over 25 years experience working with infants, children, and their families. She has extensive experience with diagnosis and treatment of a range of developmental, sensory, behavioral, and emotional problems. Her research examines the most effective ways of treating children as well as examining how problems in infancy related to self-regulation, sensory processing, attention, and social interactions develop as children grow older. She has published several books about this topic including, Effective Parenting Strategies for the Hard-to-Manage Child. Dr. DeGangi is internationally recognized as a leading expert in the assessment and treatment of sensory processing, attention, and interactional problems in infants and children. She is on the faculty of the Infant Mental Health program of the Washington School of Psychiatry.

Location: The Hagerty Conference Center, 715 E. Front Street, Traverse City, MI 49686
Phone: 1-231-995-3100
See map on page 7.

Registration deadline: April 22, 2011

To Register: See page 6.

Training 5: Assessment and Treatment of Regulatory, Emotional, and Sensory Deficits in Infants and Young Children

Date: Friday, May 6, 2011

Time: 9:00 a.m. - 4:00 p.m.

Audience: Mental health and early intervention professionals

Note: Mental health and early intervention professionals without previous training in assessment and treatment of regulatory, emotional, and sensory deficits in infants and young children are recommended to attend both days, May 5 (see previous page) and 6.

Content: This workshop will present an overview of the latest theory, research and treatment strategies for children with problems of self-regulation and mood disorders. A model of intervention will be described that focuses on understanding the process deficits that underlie the child's regulatory problems. Specific emphasis will be placed on how regulatory problems impact the child's emotional life, relational dynamics including attachment to others, behavior, and adjustment to child care and pre-school settings. The presenter will introduce an intervention model that addresses the common types of regulatory problems in children emphasizing working through the caregiver-child and therapist or teacher-child relationship. Participants will learn clinical assessments including formal and informal observations of self-regulation and parent-child interactions. Treatment techniques will focus on therapy approaches to foster self-regulation, sensory processing, attention, and interaction skills within the context of the parent-child relationship. Principles of dialectical behavior therapy and sensory integration therapy are integrated into the therapeutic framework that focuses on relational dynamics, attachment, intrapsychic development, and family adaptation.

Workshop goals:

Participants will learn to:

- Recognize the interplay of constitutional and emotional factors in children experiencing a range of developmental challenges.
- Identify symptoms of self-regulatory, sensory processing, attentional, communication, and interactional problems in infants and children using a range of assessments.
- Assess parent-child interactions and emotional and self-regulatory needs using observational techniques.
- Develop treatment strategies to address the constitutional and emotional needs of children who experience difficulties while incorporating techniques that meet the emotional needs of the family.
- Understand the principles of dialectical behavior therapy in their application to children with emotional dysregulation.

Presenter: Georgia DeGangi, Ph.D., OTR, FAOTA
(See previous page for biography.)

Location: The Hagerty Conference Center, 715 E. Front Street, Traverse City, MI 49686
Phone: 1-231-995-3100
See map on page 7.

Registration deadline: April 22, 2011

To Register: See page 6.

Miscellaneous Information

For All Five Trainings:

Registration fee: \$25 for participants who are sponsoring agency employees.
\$75 for participants who are not sponsoring agency employees.

Hospitality: Continental breakfast will be served at 8:30 a.m. Trainings will begin promptly at 9:00 a.m. Lunch will also be provided.

Note: Participation will help fulfill professional training requirements toward the MI-AIMH Endorsement. For further details on how to begin the process, go to www.mi-aimh.org.

Sign in/Hospitality: Begins at 8:30 a.m. for each session.

Registration fees:

Sponsoring agency employees: \$25 per person

Non-sponsoring agency employees: \$75 per person

- Continuing education credit for nursing and social work and SB-CEUs for education will be available pending approval.
- Participation in this training earns credit toward the MI-AIMH Endorsement for Culturally Sensitive, Relationship-Based Practice Promoting Infant Mental Health.

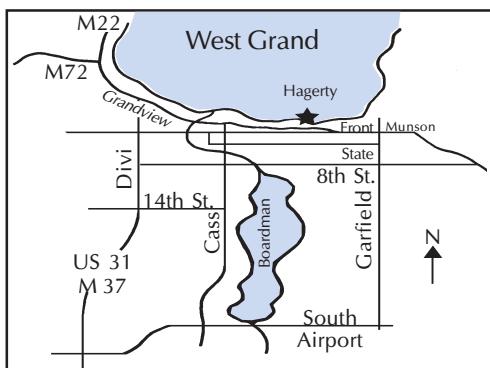
Contact: Joan Shirilla at 313/407-1172 for more content information. For registration questions, contact Robin Hornkohl at 231/922-6437 or rhornkohl@tbaisd.k12.mi.us.

Need accommodations? Contact the Traverse City Convention & Visitors Bureau for hotel information. 1-800-872-8377 or www.visittraversecity.com.

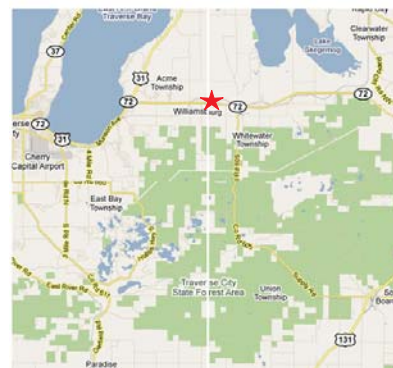
Inclement Weather Policy: During questionable conditions, inservices will be held regardless of school delays or closings though may be delayed by an hour or two. Due to extremely severe weather, inservices may be canceled. If in doubt:

- Call the TBA Conference Information Hotline at 231/922-7840 *(star) 601,
- Check your email for information, and/or
- Check for a notice on the TBAISD online Professional Development website at www.solutionwhere.com/tbaremc2/cw/CourseByCateg.asp, click on the Go! button, and select the workshop name.

Hagerty Center
at NMC's Great Lakes Campus
715 E. Front St., Traverse City, MI 49686



Turtle Creek Hotel and Conferenct Center
7741 M-72 East
Williamsburg, MI 49690



How To Register

Registration information: To register on-line, go to the TBAISD Website at www.tbaisd.k12.mi.us. From the Professional Development tab, select Online Registration. Select Professional Development Opportunities, click Go. Then select **The Northwest Michigan Infant Mental Health Training Series 2010-11** and follow the instructions.

We encourage on-line registration but if this is not an option, or if you are experiencing technical difficulty, contact Robin Hornkohl at 231/922-6437.

OR

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The Northwest Michigan Infant Mental Health Training Series 2010-11

Send check payable to TBAISD and completed form below to:
 Attn: Accounts Receivable, TBAISD; P.O. Box 6020; Traverse City, MI 49696-6020

Name: _____ Position: _____
 School District/Agency: _____ Building/Department: _____
 Address: _____ City: _____ State: _____ Zip: _____
 Phone Number: _____ E-mail address: _____

_____ **I am a sponsoring agency employee and will attend:**

Amount Due:

- | | |
|--|-------|
| <input type="checkbox"/> May 5 - Strategies for Supporting the Child...@ \$25 | _____ |
| <input type="checkbox"/> May 6 - Assessment & Treatment of Regulatory...@ \$25 | _____ |

_____ **I am not a sponsoring agency employee and will attend:**

- | | |
|--|-------|
| <input type="checkbox"/> May 5 - Strategies for Supporting the Child...@ \$75 | _____ |
| <input type="checkbox"/> May 6 - Assessment & Treatment of Regulatory...@ \$75 | _____ |

Total amount due: _____

Revenue ASN:
110322

Sponsoring Agencies:

