

Registration deadline is

January 6, 2010

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**\$50 fee includes book,
materials and
refreshments.**

Scholarships are available!

Sorry, child care is NOT provided

***Accommodations for persons
with disabilities***

*may be requested by calling
MSU Extension, 231-348-1770
by January 4, 2010*

*to ensure sufficient time to make
arrangements. Requests made after this
date will be met if possible.*

*MSU is an affirmative-action, equal-opportunity
employer. Michigan State University Extension pro-
grams and materials are open to all without regard
to race, color, national origin, gender, gender iden-
tity, religion, age, height, weight, disability, politi-
cal beliefs, sexual orientation, marital status, family
status or veteran status.*

"The ability to be aware of, understand
and respond appropriately
to your children is the key
in being a nurturing parent."

The Nurturing Parenting Programs®

by Stephen J. Bavolek, Ph.D. are published by

Family Development Resources, Inc.



**Carolyn Penniman
Emmet County MSU Extension
3434 Harbor-Petoskey Road
Harbor Springs, MI 49740**

pennimac@msu.edu

www.msue.msu.edu/emmet

Phone: 231-439-8973

Emmet County Parent Connection

**A series of
seven classes on
*Nurturing
Parenting***

6:00pm - 7:30pm

**Tuesdays,
beginning**

January 12, 2010

at the

**Northern Michigan
Regional Hospital
Community Health
Education Center
360 Connable Avenue
Petoskey**

**MICHIGAN STATE
UNIVERSITY
EXTENSION**

***For parents of children
ages birth to 12***

Please do not bring children -
Child care is not provided.

**The Nurturing Parenting
Program®**

by **Stephen J. Bavolek, Ph.D.**

Skills and strategies

for parents include:

- The Philosophy and Practices of Nurturing Parenting
- Ages and Stages of Growth for Infants and Toddlers
- Ways to Enhance Positive Brain Development in Children
- Communicating with Respect
- Building Self-Worth in Children
- Understanding Feelings
- Understanding and Developing Family Morals, Values & Rules
- Praising Children and their Behavior
- Alternatives to Spanking
- Learning Positive Ways to Deal with Stress and Anger

Dates

Seven sessions:

January 12, 19, 26

February 2, 9, 16, 23

Time 6:00—7:30 pm

Location

Northern Michigan Regional
Hospital

Community Health
Education Center

360 Connable Avenue,
Petoskey

Presenter

Carolyn Penniman,
MSU Extension Educator

"I learned a lot about brain development. I was expecting too much from my kids for their age."

"This class helped me understand how to handle my child's behavior. I enjoy being a parent now!"

- comments from parents

Emmet County Parent Connection Registration Form — Class begins Tuesday, January 12.

Please return this registration with the \$50 fee by Jan. 6, 2010. Check payable to MSU Extension. \$50 fee covers second parent to attend if one book is shared. Please list both names if two people will attend.

- Check here if requesting scholarship.
(Attach short note to explain why it is needed.)

Send to:

Emmet County MSU Extension
3434 Harbor-Petoskey Road, Ste D
Harbor Springs, MI 49740
231-348-1770, FAX: 231-439-8933

Name(s): _____

Address: _____

Phone: _____

E-mail: _____

Payment enclosed: _____